

Santa Claus 2025: Session: 2: COACH evaluation sheet for TEAM: KST

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ 13:15 The listed starttimes are indicative!

Coaches: Van der Eycken Ann HEADCOACH

Coaches: Van Herzeele Peggy

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 5: 100M MEDLEY MIXED 10-9					Heat:1, starttime: 14:00
Heat: 1/1 Lane : 1 Athlete: VANDERHALLEN JISSE					Q-time: 01:40:53
PB (25m pool): 01:40.53 Nijlen 16/11/2025					PB (50m pool): no time SB: 01:40.53 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:40.53	
	no time				
					

Coach feedback:

Event number: 6: 400M MEDLEY WOMEN 11+							Heat:1, starttime: 14:02
Heat: 1/1 Lane : 2 Athlete: DIERCKX ASTRID							Q-time: 99:99:99
PB (25m pool): no time				PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M 2 0 0 M
PB		no time		no time		no time	no time
	no time						
							
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5 4 0 0 M
PB		no time		no time		no time	no time
							

Coach feedback:

Event number: 7: 100M BREASTSTROKE MIXED 10-9					Heat:1, starttime: 14:08
Heat: 1/2 Lane : 2 Athlete: WOUTERS FRAN					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 14:13
Heat: 1/4 Lane : 2 Athlete: BANCIU ADAM					Q-time: 01:43:27
PB (25m pool): 01:43.27 Arendonk 30/11/2025					PB (50m pool): no time SB: 01:43.27 Arendonk 30/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.99		01:43.27	
	00:47.99		00:55.28		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 14:13
Heat: 1/4 Lane : 3 Athlete: STABEL JONATHAN					Q-time: 01:44:08
PB (25m pool): 01:44.08 Herentals 18/05/2024					PB (50m pool): 01:45.49 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:44.08	
	no time				
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 14:15
Heat: 2/4 Lane : 1 Athlete: ADAMS MATHIS					Q-time: 01:40:70
PB (25m pool): 01:40.70 Temse 17/11/2025					PB (50m pool): 01:47.86 SB: 01:40.70 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.02		01:40.70	
	00:47.02		00:53.68		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 14:15
Heat: 2/4 Lane : 3 Athlete: REYMEN RHUNE					Q-time: 01:38:61
PB (25m pool): 01:38.61 Nijlen 16/11/2025					PB (50m pool): 01:44.71 SB: 01:38.61 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.06		01:38.61	
	00:46.06		00:52.55		
					

Coach feedback:

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Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:4, starttime: 14:20
Heat: 4/4 Lane : 1 Athlete: STABEL JASPER					Q-time: 01:18:62
PB (25m pool): 01:18.62 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:21.40 SB: 01:19.51 Temse 17/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.92		01:18.62	
	00:36.92		00:41.70		
					

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 14:21
Heat: 1/4 Lane : 2 Athlete: NIEWENWEG STERRE					Q-time: 01:45:43
PB (25m pool): 01:45.43 Turnhout 02/03/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.31		01:45.43	
	00:51.31		00:54.12		
					

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 14:26
Heat: 3/4 Lane : 1 Athlete: VAN MECHELEN ZOë					Q-time: 01:34:73
PB (25m pool): 01:34.73 Nijlen 16/11/2025 PB (50m pool): 01:45.76 SB: 01:34.73 Nijlen 16/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.72		01:34.73	
	00:44.72		00:50.01		
					

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:1, starttime: 14:30	
Heat: 1/2 Lane : 2 Athlete: VAN MECHGELEN RUBE							Q-time: 99:99:99	
PB (25m pool): 03:03.74 Kalmthout 30/04/2023							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:03.74
	no time							
								

Coach feedback:

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Event number: 10: 200M BACKSTROKE MEN 11+							Heat:1, starttime: 14:30	
Heat: 1/2 Lane : 3 Athlete: KENIS AXL							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 14:34	
Heat: 2/2 Lane : 1 Athlete: LEYSEN BENJAMIN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime: 14:37	
Heat: 1/1 Lane : 2 Athlete: VAN GESTEL FRAN							Q-time: 03:13:94	
PB (25m pool): no time			PB (50m pool): 03:13.94 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime: 14:37	
Heat: 1/1 Lane : 3 Athlete: VAN MECHELEN LUNA							Q-time: 03:30:48	
PB (25m pool): 03:30.48 Kalmthout 23/02/2025				PB (50m pool): no time SB: 03:42.19		Antwerpen 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.04		01:43.12		no time		03:30.48
	00:50.04		00:53.08					
								

Coach feedback:

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Event number: 12: 400M FREESTYLE MEN 11+							Heat:1, starttime: 14:41	
Heat: 1/2 Lane : 2 Athlete: LEYSEN JEROEN							Q-time: 05:19:50	
PB (25m pool): 05:19.50 Arendonk 25/05/2025				PB (50m pool): 05:29.27 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:15.77		no time		02:38.46
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:19.50
								

Coach feedback:

Event number: 13: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 14:52	
Heat: 1/2 Lane : 2 Athlete: VERMEERSCH DEGELIN COLETTE							Q-time: 07:30:75	
PB (25m pool): 07:30.75 Arendonk 01/12/2024				PB (50m pool): 07:48.25 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:45.18		no time		03:41.89
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		07:30.75
								

Coach feedback:

Event number: 13: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 14:52	
Heat: 1/2 Lane : 3 Athlete: NIEWENWEG LENTE							Q-time: 07:39:82	
PB (25m pool): 07:39.82 Arendonk 22/12/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:39.16		no time		03:36.57
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		07:39.82
								

Coach feedback:

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Event number: 13: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 15:01	
Heat: 2/2 Lane : 2 Athlete: LAUWERS SOFIE							Q-time: 04:56:27	
PB (25m pool): 04:56.27 Mol 20/10/2024				PB (50m pool): 05:00.64 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.65		01:11.87		01:49.53		02:27.56
	00:34.65		00:37.22		00:37.66		00:38.03	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:04.86		03:42.70		04:20.49		04:56.27
	00:37.30		00:37.84		00:37.79		00:35.78	
								

Coach feedback:

Event number: 14: 200M BREASTSTROKE MEN 11+							Heat:1, starttime: 15:06	
Heat: 1/1 Lane : 1 Athlete: VAN MECHGELEN ARNE							Q-time: 99:99:99	
PB (25m pool): 03:33.75 Kalmthout 30/04/2023				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:33.75
	no time							
								

Coach feedback:

Event number: 15: 200M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 15:10	
Heat: 1/2 Lane : 1 Athlete: GIRARD ESSIA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 15: 200M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 15:10	
Heat: 1/2 Lane : 3 Athlete: VAN MECHELEN ZOë							Q-time: 03:28:04	
PB (25m pool): 03:28.04 Antwerpen 12/10/2025				PB (50m pool): no time SB: 03:28.04 Antwerpen 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.03		01:40.94		02:35.27		03:28.04
	00:47.03		00:53.91		00:54.33		00:52.77	
								

Coach feedback:

Event number: 16: 100M BACKSTROKE MIXED 10-9							Heat:1, starttime: 15:17	
Heat: 1/1 Lane : 4 Athlete: VAN OTTEN NOOMI							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

Event number: 18: 100M BACKSTROKE WOMEN 11+							Heat:1, starttime: 15:22	
Heat: 1/3 Lane : 3 Athlete: LOQUET KATO							Q-time: 01:41:44	
PB (25m pool): 01:41.44 Turnhout 03/03/2024				PB (50m pool): 01:46.05 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		01:41.44				
	no time							
								

Coach feedback:

Event number: 18: 100M BACKSTROKE WOMEN 11+							Heat:2, starttime: 15:25	
Heat: 2/3 Lane : 4 Athlete: VAN MECHELEN LUNA							Q-time: 01:35:38	
PB (25m pool): 01:35.38 Turnhout 02/03/2025				PB (50m pool): 01:38.57 SB: 01:35.72 Nijlen 16/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		01:35.38				
	no time							
								

Coach feedback:

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Event number: 21: 100M FREESTYLE MIXED 10-9					Heat:1, starttime: 15:52
Heat: 1/3 Lane : 1 Athlete: WOUTERS FRAN					Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 21: 100M FREESTYLE MIXED 10-9					Heat:1, starttime: 15:52
Heat: 1/3 Lane : 2 Athlete: VAN OTTEN NOOMI					Q-time: 01:59:71
PB (25m pool): 01:59.71 Nijlen 16/11/2025			PB (50m pool): no time SB: 01:59.71 Nijlen 16/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.61		01:59.71	
	00:55.61 01:04.10				
					

Coach feedback:

Event number: 21: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 15:57
Heat: 3/3 Lane : 1 Athlete: VANDERHALLEN JISSE					Q-time: 01:30:50
PB (25m pool): 01:30.50 Arendonk 30/11/2025			PB (50m pool): 01:40.95 SB: 01:30.50 Arendonk 30/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.75		01:30.50	
	00:40.75 00:49.75				
					

Coach feedback:

Event number: 22: 100M FREESTYLE MEN 11+					Heat:2, starttime: 16:00
Heat: 2/3 Lane : 1 Athlete: KENIS AXL					Q-time: 01:14:63
PB (25m pool): 01:14.63 Nijlen 16/11/2025			PB (50m pool): no time SB: 01:14.63 Nijlen 16/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.20		01:14.63	
	00:35.20 00:39.43				
					

Coach feedback:

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Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 16:04
Heat: 1/4 Lane : 1 Athlete: VERMEERSCH DEGELIN COLETTE					Q-time: 01:33:10
PB (25m pool): 01:33.10 Arendonk 30/11/2025					PB (50m pool): 01:35.67 SB: 01:33.10 Arendonk 30/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.00		01:33.10	
	00:43.00		00:50.10		
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 16:10
Heat: 4/4 Lane : 1 Athlete: LAUWERS LOTTE					Q-time: 01:06:25
PB (25m pool): 01:05.69 Sportoase 23/12/2023					PB (50m pool): 01:07.37 SB: 01:06.25 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:05.69	
	no time				
					

Coach feedback:

Event number: 26: 100M BUTTERFLY WOMEN 11+					Heat:1, starttime: 16:15
Heat: 1/1 Lane : 3 Athlete: VAN GESTEL FRAN					Q-time: 01:29:86
PB (25m pool): 01:29.86 Turnhout 02/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.97		01:29.86	
	00:40.97		00:48.89		
					

Coach feedback:

Event number: 27: 200M FREESTYLE MEN 11+							Heat:1, starttime: 16:17	
Heat: 1/3 Lane : 1 Athlete: BANCIU ADAM							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 27: 200M FREESTYLE MEN 11+							Heat:1, starttime: 16:17	
Heat: 1/3 Lane : 2 Athlete: STABEL JONATHAN							Q-time: 02:48:79	
PB (25m pool): 02:48.79 Parklaan 58, Turnhout 30/03/2025 PB (50m pool): 02:53.16 SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.36		01:20.05		no time		02:48.79
	00:37.36		00:42.69					
								

Coach feedback:

Event number: 27: 200M FREESTYLE MEN 11+							Heat:1, starttime: 16:17	
Heat: 1/3 Lane : 3 Athlete: REYMEN RHUNE							Q-time: 02:49:35	
PB (25m pool): 02:49.35 Antwerpen 12/10/2025			PB (50m pool): no time SB: 02:49.35 Antwerpen 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.34		01:20.41		02:05.24		02:49.35
	00:37.34		00:43.07		00:44.83		00:44.11	
								

Coach feedback:

Event number: 27: 200M FREESTYLE MEN 11+							Heat:2, starttime: 16:20	
Heat: 2/3 Lane : 3 Athlete: VAN MECHELEN ARNE							Q-time: 02:25:82	
PB (25m pool): 02:33.25 Kalmthout 25/02/2024							PB (50m pool): 02:25.82 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:33.25
	no time							
								

Coach feedback:

Event number: 28: 200M FREESTYLE WOMEN 11+							Heat:1, starttime: 16:26	
Heat: 1/1 Lane : 1 Athlete: DIERCKX ASTRID							Q-time: 02:38:19	
PB (25m pool): 02:38.19 Antwerpen 12/10/2025				PB (50m pool): 02:45.73 SB: 02:38.19 Antwerpen 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.44		01:16.91		01:59.18		02:38.19
	00:36.44		00:40.47		00:42.27		00:39.01	
								

Coach feedback:

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Event number: 28: 200M FREESTYLE WOMEN 11+							Heat:1, starttime: 16:26	
Heat: 1/1 Lane : 4 Athlete: GIRARD ESSIA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 29: 200M MEDLEY MEN 11+							Heat:2, starttime: 16:33	
Heat: 2/4 Lane : 2 Athlete: ADAMS MATHIS							Q-time: 03:20:58	
PB (25m pool): 03:25.67 Parklaan 58, Turnhout 30/03/2025							PB (50m pool): 03:20.58 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.41		no time		no time		03:25.67
	00:43.41							
								

Coach feedback:

Event number: 29: 200M MEDLEY MEN 11+							Heat:3, starttime: 16:37	
Heat: 3/4 Lane : 2 Athlete: VAN MECHGELEN RUBE							Q-time: 02:51:95	
PB (25m pool): 03:01.36 Parklaan 58, Turnhout 24/03/2024							PB (50m pool): 02:51.95 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:01.36
	no time							
								

Coach feedback:

Event number: 29: 200M MEDLEY MEN 11+							Heat:4, starttime: 16:41	
Heat: 4/4 Lane : 3 Athlete: STABEL JASPER							Q-time: 02:32:96	
PB (25m pool): 02:32.96 Parklaan 58, Turnhout 30/03/2025							PB (50m pool): 02:37.58 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.79		no time		no time		02:32.96
	00:32.79							
								

Coach feedback:

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Event number: 30: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 16:44	
Heat: 1/2 Lane : 1 Athlete: NIEWENWEG LENTE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 30: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 16:44	
Heat: 1/2 Lane : 4 Athlete: NIEWENWEG STERRE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 30: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 16:48	
Heat: 2/2 Lane : 1 Athlete: LAUWERS SOFIE							Q-time: 02:48:34	
PB (25m pool): 02:48.34 Arendonk 01/12/2024			PB (50m pool): 02:58.88 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.23		no time		no time		02:48.34
	00:36.23							
								

Coach feedback:

Event number: 30: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 16:48	
Heat: 2/2 Lane : 3 Athlete: LAUWERS LOTTE							Q-time: 02:46:92	
PB (25m pool): 02:46.92 Mol 29/12/2024				PB (50m pool): 02:53.25 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.02		01:18.70		02:08.67		02:46.92
	00:35.02		00:43.68		00:49.97		00:38.25	
								

Coach feedback: